

Volleyball Concepts By Rule

ATTACKS	3
CENTER LINE	4
BALL HANDLING	
PRE-MATCH	
BETWEEN SETS	6
SUBSTITUTIONS	7
LIBERO REPLACEMENTS	7
TIMEOUTS	

Volleyball Concepts By Rule Timeline

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ATTACKS

The Rule:

- NCAAW: Rule 14.5 (Definition 14.5.1)
- USAV: Rule 13 (Definition 13.1)
- NFHS: Rule 9-5 Article 1 Section B

Types of Attacks:

- Not Attacks
 - NCAAW: Rule 14.5 (Definition 14.5.1)
 - USAV: Rule 13 (Definition 13.1)
 - NFHS: Rule 9-5 Article 1 Section B
- Spikes
 - NFHS: Rule 9-5 Article 1 Section B1
- Setter Attacks
 - NFHS: Rule 9-5 Article 1 Section B3
- Digs
 - Not necessarily defined as an attack type (Definition: Rule 9-5 Article 1A Section 4)
- Back Row Attacks
 - NFHS: Rule 9-5 Article 2, 3, & 6
 - NCAAW: Rule 14.5.4
 - USAV: Rule 13.2 & 13.3
- Types of Offensive Attacks
 - From Gold Medal Squared (<u>https://www.youtube.com/playlist?list=PLivUBWQJpok7_RCZssuZOxF9vZsObDdma</u>)

CENTER LINE

- NCAAW
 - What is it: Rule 1.2.2.2
 - Crossing The Center Line: Rule 15.2.4
- USAV
 - What is it: Rule 1.3.3
 - Crossing The Center Line: Rule 11.2, 11.4.3
- NFHS
 - What is it: Rule 2-1
 - Crossing The Center Line: Rule 9-5 Art 7 & 8

NET PLAY

- Blocking
 - The Rule:
 - NCAAW: Rule 14.6
 - USAV: Rule 14
 - NFHS: Rule 9-5 Article 1 Section C
- Net Play (Including Blocking)
 - Legal
 - NCAAW: Rule 14.6.4, 14.6.5, 15.1.2.2, 15.1.3.1, 15.1.3.2, 15.2
 - USAV: Rule 11.1. 14.3
 - NFHS: Rule 9-6 Art 2 & 4
 - Illegal
 - NCAAW: Rule 14.6.1.1, 14.6.1.3, 14.6.6, 15.1.3.3, 15.1.3.4, 15.2
 - USAV: Rule 11.4, 14.5
 - NFHS: Rule 9-6 Art 5
- Net Fouls
 - NCAAW: Rule 15.2, 15.2.3
 - USAV: Rule 11.3, 14.5
 - NFHS: Rule 9-6 Art 7
- Over & Under The Net
 - NCAAW: Rule 15.1.3, 15.2.4
 - USAV: Rule 11.2, 11.3, & 11.4
 - NFHS: Rule 9-5 Art 7 & 8; Rule 9-6 Art 3 & 4

BALL HANDLING

Type of Hits & Contacts

NFHS: NFHS: Rule 9-5 Article 1

Fault In Playing The Ball (NCAAW/USAV)

• NCAAW: Rule 14.4; Rule 14.2.2, 14.2.3, 14.3.2.1

• USAV: Rule 9.3

Contacting The Ball (NFHS)

• NFHS: Rule 9-4

SERVING

NFHS: Rule 8USAV: Rule 12NCAAW: Rule 13

ALIGNMENTS & ROTATIONS

Player Positions

• NFHS: 6-4 Article 3 & 6

• NFHS: 5-4, 5-5, 10-3, 1-4

Position Faults

• NCAAW: Rule 10.3

 USAV: Rule 7.4, 7.5, 7.7, Diagram 4 Page 79, Item 26 Page 108

YouTube Videos

- https://www.youtube.com/playlist?list=PLivUBWQJpok4fTPj5HHuTDmp m1UdqtlU_
- https://www.youtube.com/watch?v=-0z-JHMRQA8

PRE-MATCH

Definition & Rules

NCAA-W: Rule 9 (Protocols)

• USAV: Rule 7.1 & 7.2

NFHS: Based On State Adoption

Times:

- NCAA-W: Found in Championship Manuals
 - 30 (Coin Toss), 19 (Visiting Team), 15 (Home Team), 11 (Visiting Team), 6 (Home Team)
- NCAA-M: Found in Championship Manuals
 - 30 (Coin Toss), 25 (Visiting Team), 20 (Home Team), 15 (Visiting Team), 10 (Home Team)
- USAV: Rule 7.1 & 7.2
 - First Match (Juniors): 5 Minutes Shared Time, 4 Minutes (Serving Team), 4 Minutes (Receiving Team)
 - After First Match (Juniors): 2 Minutes Shared Time, 4 Minutes (Serving Team), 4 Minutes (Receiving Team)
- NFHS: Based On State Adoption

Referee Duties

- NCAA-W: Rule 19.2.3, 19.3.3, 19.3.5, 19.3.9
- USAV: Rule 23.3.1, 25.2.1, 26.2.1; Referee Points Of Emphasis, Page 112; Basic Procedures For Conducting USAV Competitions, Page 204
- NFHS: Article 1 of Each Of These Rules (5-4, 5-5, 5-6, 5-7, 5-8, 5-9)

BETWEEN SETS

Referee Duties

- NCAA-W: Rule 19.3.4, 19.3.9, 19.4.6, 19.5.1.3
- USAV: Rule 24.3.1, 24.3.1a, 25.2.1, 26.2.1; Page 104 (Sections 1, 2, & 3), Page 112 (Section 8)
- NFHS: Rule 11-5

SUBSTITUTIONS

Definition & Rules

• NFHS: Rule 10

• NCAA-W: Rule 11.3

• USAV: Rules 15.5 through 15.11

Numbers

• NFHS: 18 (Notify at 15)

• NCAA-W: 15 (Notify at 11)

• USAV: 12 (Notify at 8)

• NCAA-M: 6 (Notify at 3)

LIBERO REPLACEMENTS

Definition & Rules

• NFHS: Rule 10-4

• NCAA-W: Rule 12.2 & 12.3

• USAV: Rules 19.3.2, 19.4, & 19.5

TIMEOUTS

Definition & Rules

• NFHS: Rule 11

NCAA-W: Rule 11.2USAV: Rules 15.4

